Show Not Tell

Good writers show what they are feeling instead of just telling it.

AFRAID	НОТ	SAD
Hands shaking	Red in face	Tears in eyes
Knees like rubber	Sweat on face, back	Trembling lips
Covering mouth with	Fanning self with hand	Hanging head
hand	Moving slowly	Shoulders drooped
Breathing fast		Frown
Biting nails		Dragging feet
Whimpering		Crying
NERVOUS	<u>HAPPY</u>	COLD
Hands shaking	Smiling face	Shivering
Biting bottom lip	Eyes open wide	Rubbing hands
Butterflies in stomach	Clasping hands	together
Stuttering	together	Hugging self
Swallowing hand	Jumping up and down	Blowing on hands
	Laughing	Seeing vapors of
		breath
<u>SHY</u>	SHOCKED	TIRED
Blushing	Mouth wide open	Droopy eyes
Looking down	Eyes popping out	Yawning
Speaking softly	Hand covering mouth	Stretching
Arms crossed	Gasping	Slouching
Standing back from	Stepping back	Rubbing eyes
the group		
ANGRY	EMBARRASSED	EXCITED
Red in the face	Blushing	Mouth wide open
Hands on hips	Hanging head	Heart pounding
Glaring	Holding back tears	Eyes wide open
Hands in fists	Rolling eyes	Hands clasped
Jaw clenched	Stomach flips	Jumping
Veins popping	Hiding face	Clapping